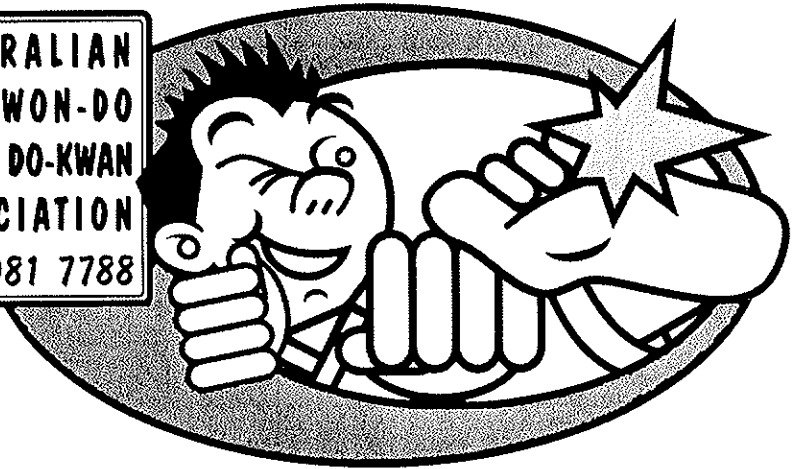


**AUSTRALIAN
TAE KWON-DO
CHUNG DO-KWAN
ASSOCIATION
PH: 9981 7788**



Learn Tae Kwon-Do

Tae Kwon-Do for males and females of all ages.

Established on the northern suburbs since 1974.

Wednesday	4.30pm	Roseville Public School
	6.30pm	Lane Cove Public School
		Longerville & Austine Rd
Saturday	12.30pm	Chatswood Public School
Sunday	9.30am	Willoughby Park Centre
		Cnr Warane & McClelland Rd

This sport is fun and helps in developing self confidence. It teaches mutual respect, self discipline, self defence, personal safety and increases overall physical fitness.

Tae Kwon-Do is taught in many private and public schools throughout Sydney. Classes are designed for all ages and fitness levels, children are welcome from 6 years of age. We teach how to avoid issues of confrontation and discrimination.

Grand Master Suh, a ninth Dan Black belt, has over 40 years of training experience and is one of the worlds top exponents in this sport. Tae Kwon-Do is an official Olympic sport for the Sydney 2000 Olympics.

For further information please phone **Mr. Suh**

9981 7788